

When Disaster Strikes: Supporting Emotional Development and Helping Children Cope
NAEYC Annual Conference – November 22, 2019

Resources

[How Families Can Prepare for a Natural Disaster](#) – New York Times Parenting

- October 2019 article including advice from Jennifer Fiechtner for families of young children

Shelter from the Storm is a comprehensive, downloadable guide from Zero to Three for early childhood programs and the families they serve, available in English and Spanish.

- [Shelter from the Storm for teachers](#)
- [Shelter from the Storm for families](#)

[The Emotional Impact of Disaster on Children and Families](#)

- A good resource for exploring the emotional impact of natural disasters by children's developmental age and stage

[Emergency Preparedness Resources for Early Childhood Educators](#)

- Child Care Aware of America breaks down resources by different types of natural disasters and other emergencies.

[Disaster Response Guidance for Families and Childcare Providers](#)

- The National Child Traumatic Stress Network offers guidance you can share with teachers and families about how to minimize stress in the event of disasters.

[Coping with Disasters](#)

- NAEYC compiled a list of articles and links to outside resources to help support children before, during, and after disasters.

[Toxic Stress Derails Healthy Development](#)

- This video from the Harvard Center on the Developing Child illustrates the importance of responding the right way during challenging times

[Natural Disasters Impact Children's Long Term Learning Abilities](#)

- Support for why responding the right way to children's experiences during and after natural disasters matters for long term outcomes.

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